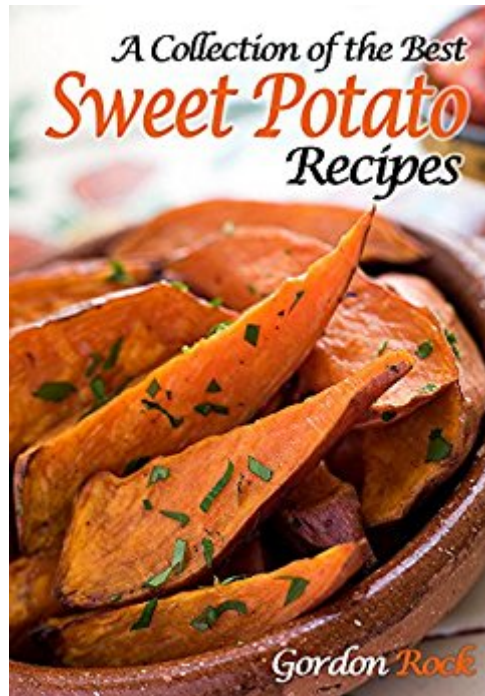


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# A Collection Of The Best Sweet Potato Recipes: Tasty And Healthy Sweet Potato Recipes



## Synopsis

Sweet potatoes are the best health food of all times. Not only are they full of nutrition but they have zero fat and very few calories. They are also tasty as hell and can be enjoyed with minimal amount of cooking required. The recipes in this book are aimed at getting the most out of the distinctive sweet potato flavor and also adding something extra to the taste in the process. All the recipes are easy to make and follow and will leave you coming back for seconds. Sweet potatoes are truly an amazing food to experiment with. They can be eaten on their own as a snack or whipped up as the perfect accompaniment to any other dish as well. This cookbook is designed to help you get started on an amazing sweet potato cooking journey.

## Book Information

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## Customer Reviews

I love sweet potatoes, and this book offers a lot of simple ingredients that change a sweet potato recipe into something new and different. A lot of pantry ingredients, easy shopping and simple to make recipes.

These are truly a collection of the best sweet potato recipes. They are so delicious and easy. i can't

tell you which one is my favorite because i've had 4 and they have all been extremely tasty and delicious. so glad i picked up this cook book

Summer is here and the sweet potatoes are growing. So many good side dishes in this book. my absolute all time favorite is the sweet potato fries but definitely a lot more to try in this book other than that

Love sweet potatoes. ...Good collection!

Fun recipes.

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